On Demand thriving Self-Paced **Courses!**





Convenient - Take it Any Time! Take our engaging self-paced courses when it works for you, in little bits or all at once!

Simple, Fun, and Easy Format! Simply view short video segments. access valuable resources, and provide your insights along the way. Time flies by!

Meaningful and Useful Tools! Each includes tangible methods and valuable resources you can use right away in your early childhood environment.

"This was a super helpful way of attending a course - I loved it. It was super easy to access and break up into small chunks and attend what I could. I would do it again. Thank you!" Jessamy S., Preschool Teacher

100% Approved in Minnesota & Wisconsin!

When do participants receive a training certificate and/or have attendance entered into Develop or WI **Registry?**

Simply complete the course and take the short final survey and - DONE! You will gain your certificate instantly and Develop or WI Registry entry within one business day of course completion.

"The instructor was very fun to listen to, and also very relatable. She had real life scenarios and the time flew by." Heather B.

About the Presenter



Raelene Ostberg works to design and deliver fun, engaging and inspiring learning experiences to support early childhood educators in their critical work. She obtained her B.A. in Theater and M.Ed. in Family Education from the U of M and has over 20 years experience in early childhood classrooms.

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Part 1: Prevent Challenging Behaviors by Diminishing the Fuel that is Igniting the Fires - Kickoff July 15th!

Collect and apply numerous strategies to prevent, reduce, and address the challenging behaviors you experience in order to get the behaviors you want and stop those you don't. CDA III Promote Soc-Emo Dev (2 Hours)

Part 2: Prevent Challenges and Gain Gleeful Cooperation with **Positive Communication Techniques That Work!**

Explore positive communication techniques that will minimize challenges and successfully redirect negative behaviors while building your relationship with the child. CDA III Promote Soc-Emo Dev (2 Hours)

"It is extremely convenient, easy to follow, in-depth and the instructor is super knowledgeable and fun to listen to! Sam H., Childcare Provider

Promoting Self-Control in Young Children

Foster the important "Executive Functions" needed to reduce negative behaviors, increase positive behaviors, and help all children succeed. Gain strategies to promote important impulsecontrol and help children learn to calm. CDA VIII Child Dev and Learning (2 Hours)

"I really liked the self paced, online model. Things come up and devoting 2 hours to sit in front of computer can be tricky! Joanna O., Childcare Provider

Building Health Self-Esteem & Self-Confidence

Discover the important elements of fostering healthy self-esteem that leaves kids confident AND kind, empowered, and open to take on challenges. Explore methods to give authentic praise and increase problem-solving skills. CDA III Promote Soc-Emo Dev (2 Hours)

Happy Helpers! Help Children Gain Confidence & Better **Behavior through Increased Responsibility**

Identify four proven methods to increase responsibility to build self-confidence and a "can do" attitude in young children. Gather strategies to create useful jobs and build young children's willingness to complete them successfully. CDA III Promote Soc-Emo Dev (2 Hours)

"Loads of information and ideas, so easy to complete at my own pace and time frame. Thank you! It was wonderful...I'll be back!" Lisa S., Childcare Provider





Part 1: Why do they DO That?!

Delve deeper into toddlers' cognitive capabilities and what drives negative behaviors. Discover three top tips to promote optimal growth and development and reduce challenges. CDA VIII Child Dev and Learning (2 Hours)

Part 2: Getting Toddlers to Follow Your Limits!

Collect helpful communication tools and limit-setting techniques to get toddlers to listen and follow simple rules. Learn an easy, four-step process to get toddlers to follow your directions. CDA III Promote Soc-Emo Dev (2 Hours)

Part 3: 12! Positive Guidance Methods for Toddlers

Explore 12 positive guidance strategies to help toddlers stop doing certain behaviors and start others. Apply the strategies learned to persistent negative behaviors such as throwing. kicking, climbing, and taking toys, and refusing to listen. CDA III Promote Soc-Emo Dev (2 Hours)

Top Tips to Reduce and Address Toddler Aggression

Identify the common triggers fueling toddler aggression and methods to reduce aggressive acts from occurring. Discover coaching techniques to help toddlers learn to express strong emotions appropriately in the future. CDA III Soc-Emo Dev (2 Hours) NEW

"Screech" to "More Please" - Kickoff June 30th!

Gain insight into how older infants and toddlers develop the critical language skills needed to avoid screaming, throwing food, and other negative behaviors. Collect effective techniques to turn those ear-shattering screams into useful phrases and gestures. CDA II Physical and Intellectual Dev. (2 Hours)

"It was REAL. It was authentically real. I laughed, cried, had aha moments, and instantly told my assistant that we will have ALL staff complete this on an in-service day! Exactly the style of training we need!", Kayla O., Childcare Director

Decrease Stress, Increase Success!

Discover practical methods to reduce stress, foster joy, improve relationships, and increase success, personally and professionally. CDA VI: Maintaining Professionalism(2 Hours)



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