

Inspiring *Terrific* Toddlers 1

Toddlerese Day-to-Day

Reducing Toddler Frustration and Building a Connection with Toddlerese







- When child is feeling overwhelmed with emotions.
- Clean up time.
- When they are fighting over a toy or a friend takes or trying to take a toy away.
- At drop off in the mornings when struggling to separate from parent, or pick up at the end of the day.
- When the toddler does not want to share.
- At meal time when feeling antsy.
- When they want someone else's stuff.
- When they're trying to hit teachers or others.
- When a toddler is feeling sad about not getting to play with a fun toy.
- Transition times:
  - Getting ready for going inside after outside play
  - When they want to play at nap time
  - Moving to circle time / not sitting down for circle time
- At diaper changes when feeling fidgety.
- When the child wants to play in the sink, automatic soap and towel dispensers.



Early Childhood
Tips & Tools with
Raelene Ostberg, M.Ed.

Together we thrive!

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