

PREVENT TODDLER AGGRESSION

Address the "Why?" behind the behavior



Lacking Skills

Join in Toddler Play
Model skills and help toddler communicate needs and feelings



Big Feelings

Prompt
Demonstrate with appropriate words
Sounds like... I'm mad! - No! - Help!- Stop.



Exploring

Switch it Up
Provide novel and interesting things to investigate



Testing

Keep Calm
Remain neutral and uninteresting as you reinforce, "No. Biting hurts"



Stressed

Prep the Child
Reduce anxiety by alerting the child to transitions with simple songs



Early Childhood
Tips & Tools with
Raelene Ostberg

Thriving-Together.com

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We Got This!

