

SOCIAL-EMOTIONAL DEVELOPMENT TRAJECTORY

Age	0-1 Year	1-2 Years	2-3 Years	3-4 years	4-5 years
Feelings Experienced	Anger Sadness & Fear Stranger Anxiety	Happy, sad, lonely, love, increasing anger, embarrassment, shame, pride, worry and similar social emotions	Happy, sad, lonely, love, increasing anger, embarrassment, shame, pride, worry and similar social emotions	Love, dependency, anger, frustration, rebellion, and fear	Social emotions such as insecurity, humility, envy, confidence
Social Understanding and Relationships: Social Responsiveness Child notices and responds to others and their emotions	<ul style="list-style-type: none"> Shows interest or reacts to others Responds to others' emotional tone and actions 	<ul style="list-style-type: none"> Imitates others' emotions and expressions Shows some individual response to others' emotional tone 	<ul style="list-style-type: none"> Identifies others' basic emotional cues Shows concern for others through efforts to help or comfort 	<ul style="list-style-type: none"> Shows understanding, empathy, and compassion for others through words or gestures Labels others' emotions 	<ul style="list-style-type: none"> Appropriately labels increasingly complex emotions in others (e.g., pride, embarrassment, jealousy) Responds appropriately to others' emotions Shows increasing understanding and appreciation of the perspectives of peers
Social Understanding and Relationships: Building Relationships Child establishes and sustains relationships with others	<ul style="list-style-type: none"> Shows preference for trusted adult Notices or responds to others 	<ul style="list-style-type: none"> Shows preferences for one or more adults or children Shows some awareness or caution with unfamiliar adults Uses trusted adult(s) as a base from which to explore 	<ul style="list-style-type: none"> Seeks out familiar adults and children for conversation and play Manages routine separations with decreasing amount of distress 	<ul style="list-style-type: none"> Shares information and participates in activities with adults and peers 	<ul style="list-style-type: none"> Builds friendship through play, learning activities and conversation with peers Uses trusted adults for support in diverse settings (e.g., classroom, outside) when in need of assistance
Social Understanding and Relationships: Social Skills Child responds to and interact with others in a meaningful way	<ul style="list-style-type: none"> Notices others and chooses similar materials or copies actions 	<ul style="list-style-type: none"> Play with others in parallel manner Recognizes similarities and differences between self and others 	<ul style="list-style-type: none"> Enters play groups using various strategies Seeks a preferred playmate Shows flexibility in roles during play 	<ul style="list-style-type: none"> Initiates, joins, and sustains cooperative play and conversations with others Shows concern, respect, care, and appreciation for others and the environment Actively helps solve problems with others Takes turns 	<ul style="list-style-type: none"> Shows increasing ability to initiate and engage in positive interactions with peers and adults Solves problems with others most of the time, appropriately using support of adults and peers as needed