

Preschool Interest Survey

Your Name: _____ Child's Name: _____

Child Goals:

My child does well at: _____

My child needs help with: _____

I would like my child to learn: _____

My child is successful when: _____

I have concerns about: _____

Parent Goals:

I would like to know more about my child's growth, development, and learning in these areas: _____

I am interested in the following parenting topics (Parenting experience, parenting styles, parent self-care, etc.): _____

Other areas I would like to discuss and learn about together: _____

How will you get the most out of this parent group? _____

Parent's Interests

Topic Survey

Encouraging My Child's Development

- Physical (large & fine motor)
- Language & literacy
- Science/math/sensory

- Brain
- Moral

Building Social/Emotional Skills

- Encouraging social skills
- Building separation & security skills
- Childhood fears
- Autonomy/independence

- Encouraging empathy
- Teaching emotional regulation skills
- Building self-confidence and self esteem

Explore Individual Differences

- Temperament
- Different learning Styles
- Challenging children

- Personality differences
- Gender differences
- Birth Order

Guidance and Discipline Tools

- Positive communication techniques
- Reducing power struggles
- Taming temper tantrums

- Increasing cooperation
- Limit setting/threats
- Natural & logical consequences

Parenting Issues

- Anger management 101
- Stress reduction
- Parent guilt
- Conflict resolution
- Parenting goals/expectations

- Successful parenting strategies
- When parents do not agree
- Different parenting styles
- Other? _____

Siblings

- Nurturing the relationship

- Sibling rivalry

Activities/Toys

- Fun play activities
- Engaging your child in play

- Excellent toys & books

Kindergarten details (Choices? All day Kindergarten? What do I need to do and when?)

Toilet learning challenges

Encouraging Sleep

Nutrition and encouraging healthy eating

Setting up successful routines during stressful times of day

- _____ **Using media as a useful tool**
- _____ **Positive communication with other adults caring for the child**
- _____ **Competitiveness**
- _____ **Teaching Responsibility and encouraging chores**
- _____ **Overindulgence – Too much. Too soon.**
- _____ **SEEDS of Early Literacy** (Building talking, reading, and writing skills in your child).
- _____ **Kindergarten Readiness – What does your child need to be ready**
- _____ **Teaching *our* values**
- _____ **Book: Family traditions and rituals**
- _____ **Book: 5 Love Languages** – How to help you and your family *feel* loved.
- _____ **Other Book Study?** _____

_____ **Teaching Life Skills (from Mind in the Making)**

- _____ **Focus and Self Control** – children need this skill in order to achieve their goals especially in a world that is filled with distractions and information overload.
- _____ **Perspective Taking** – fostering empathy and the ability to figure out what others feel and think (which reduced conflicts).
- _____ **Communication skills**
- _____ **Making Connections** – teach your child to make unusual connections which increases creativity and other thinking skills
- _____ **Critical Thinking** – children need to be able to search for reliable knowledge to guide their beliefs, decisions, and actions.
- _____ **Taking on Challenges** – children who can take on challenges instead of avoiding or simply coping with them will do better in school and in life.
- _____ **Self-Directed Engaged Learning** – lifelong learners can change as the world changes in order to reach their full potential.

Other _____